



# **Marietta Community Chapel**

# **BREAD**

# **2026**

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This daily prayer/scripture guide is modeled after “Bread 2026” which was created and published by Bridgetown Church.

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(On the following page you will find the abbreviation “MMC”, this stands for **Marietta, Maytown and Columbia** is intended to represent the community and region in which we are located, and in which we minister.

**Why  
In MMC as It Is in Heaven**

**How  
Practicing the Way of Jesus,  
Together, in MMC**

**What  
Be With Jesus, Become Like  
Jesus, Do What Jesus Did**

# Introduction

## **Scripture is essential to the way of Jesus....**

While God speaks in many different ways, the Bible is our solid foundation. In a world full of deception and lies, scripture is a light to our path and a lamp to our feet (Psalm 119:105).

The story of the Bible is the story of Jesus, and culminates with the gospels that proclaim the in-breaking of the kingdom of God.

Scripture was an irreplaceable part of Jesus' life and ministry; he lived and taught as if they were authoritative. He consistently turned to them as integral part of how he interacted with the world.

When tempted, Jesus turned to the scriptures. When confronted by the Pharisees, he turned to the scriptures. When speaking of the end of the age, he referred to the prophecy of scripture. When asked about marriage, or fasting, he turned to the scriptures. By now, you get the idea!

As mentioned above, our goal as disciples of Jesus is to **“be with HIM, become like HIM and do the things that HE did”**. To be like Jesus is to be scripture saturated and Spirit led.

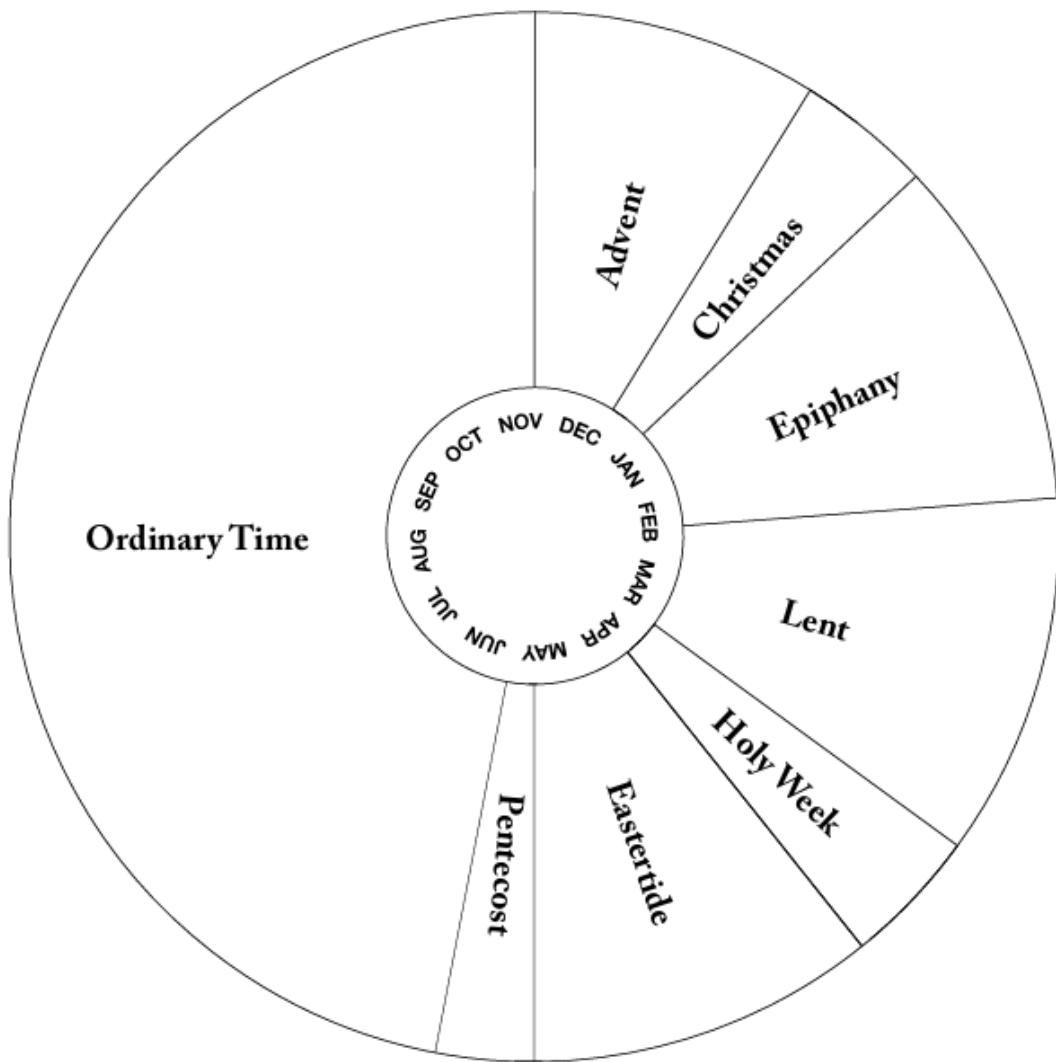
I would be delighted if we engaged in this together, as a *faith family*. We become of “one passion” by sharing in life together, and I believe, an integral part of that is reading and engaging scripture together.

## **What is the Holy Spirit saying to you?**

## **How should we pray?**

# The Church Calendar

As the Western church, we live in the tension between two rhythms of time. Our cultural calendar—which gives order to our school and vacation schedules—ends in December shortly after Christmas. But the Christian church calendar tells a different story. Following the life of Jesus, the church calendar begins instead with the longing of Advent and the fulfillment of his birth. So, while BREAD moves to the cadence of the cultural year, we remember that when December whispers of endings, the story of Jesus reminds us we are only at the beginning.



"I am the bread of life. Your ancestors ate the manna in the wilderness, yet they died. But here is the bread that comes down from heaven, which anyone may eat and not die. I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world."

— Jesus, John 6:48–51

# I. BREAD

Practice listening for God's voice in Scripture through lectio divina, expressed here through the acronym BREAD (see below). Lectio divina, or BREAD, is an ancient and time tested method of meeting with God in the pages of the Bible. Choose from one of the four readings (a shorter passage is best), and simply spend time allowing the Spirit to guide you through the following prompts:

**Be still:** Start by putting away your devices or any distractions and get into a comfortable but alert position. Take a moment to let the noise of your mind settle. Become present to your breath, and invite the Holy Spirit to guide your time.

**Read:** When you're ready, read through the Scripture for that day. After a minute or two, read the passage again slowly. As you read, notice what stands out to you in the passage and write it down.

**Encounter:** Meditate on what God highlighted to you in the passage by journaling through questions like: Where does this intersect with my current life and circumstances? What might God want me to know about himself, myself, or others? Is God revealing a lie or truth he wants me to notice and respond to? What else might God be saying to me?

**Apply:** Next, begin to name and write down how God might want you to carry what he's saying into your day. What truth do you need to hold onto today? How might God want to change you through this passage? Write down how you are going to apply this truth practically today.

**Devote:** Finally pray, maybe even write a prayer, committing yourself to what God has been revealing to you and how you want to be transformed by him and his truth. Take time to listen to what God is saying in response to your prayer. You might write out a prayer of lament or of gratitude.

## II. Read All Four Passages

Simply read through all four of the daily Scripture passages as an exercise in immersing yourself in God's word. Engaging with Scripture as divinely inspired narrative helps us shape our imagination and worldview, reminding us that we too are part of God's ongoing story of redemption.

While BREAD and praying the Psalms are practices for depth, reading full passages of Scripture on an ongoing basis gives a breadth of knowledge of the story of God and his people that is equally integral and formative in our apprenticeship to Jesus. By spending time day in and day out in the Scriptures, we learn the character of God and learn to recognize the voice of our shepherd in our everyday lives.

## III. Pray the Psalms

Within the book of Psalms, you'll find prayers and hymns expressing the full spectrum of human emotion: joy, depression, adoration, fury, desperation, delight, and more. The authors of the Psalms brought their full selves before God in prayer, offering us a template for how to pray with radical honesty: praising God, expressing our full selves and true feelings, seeking God's will to be done, and asking for what we want and need. Praying the day's Psalm can be as simple as reading the words aloud as if it were your own prayer, allowing the words and emotions to give shape and color to your interaction with God. In the same way singing other people's songs helps us find new words for what we are experiencing, praying other people's prayers can help us find new ways of expressing what is deepest in our hearts.

Praying the Psalms can also involve creativity—use it to craft a song or poem by rewriting Scripture in your own words, or create a piece of visual art. The point is simply to allow the Psalm to springboard you into deeper conversation with God. You can choose one mode of engaging with Scripture for a season, or switch it up day by day. Ultimately, our goal is to become people shaped by Biblical truth and living out the Biblical story.

# Epiphany & The Season After

January 6 – February 17

January 6 marks the first day of the season of Epiphany—a season dedicated to proclaiming God’s presence in the world. Epiphany comes from a Latin word that refers to making seen something that was hidden. This season marks three revelations, or revealings, in church history: the gospel to the Gentiles (represented by the Magi’s journey to Jesus), Jesus as the Son of God at his baptism, and Jesus’ power at the wedding at Cana.

Interestingly, the season of Epiphany relates to the portion of Jesus’ life about which least is known: the time between the Magi’s visit and Jesus’ baptism. But what we do know is that “Jesus grew in wisdom and stature, and in favor with God and man” (Luke 2v52), and that the story of the Magi highlights God’s heart to bring all nations and peoples to himself, which is a beautiful narrative of inclusion that we are living out today.

Epiphany serves as an annual reminder of the revelations of God: he is good, and he is with us. We can participate in Epiphany by doing what Jesus did: studying holy scripture and committing to grow in wisdom. As we move through the year and live into our identity as God’s image bearers, “we are transformed into walking epiphanies, mini-manifestations of God shining forth in the dark world.” <sup>1</sup>

<sup>1</sup> Danielle Hitchen, *Sacred Seasons*

## Jan 4 – 10

### **Sunday**

Psalm 85  
Joshua 3:14–4:7  
Ephesians 5:1–20  
John 9:1–12, 35–38

### **Monday**

Psalm 2  
Jonah 2:2-9  
Ephesians 6:10-20  
John 11:17-27, 38-44

### **Tuesday\***

Psalm 46  
Isaiah 49-17  
Revelation 21:22-27  
Matthew 2:1-12

### **Wednesday**

Psalm 103  
Deuteronomy 8:1-3  
Colossians 1:1-14  
John 6:30-33, 48-51

### **Thursday**

Psalm 117  
Exodus 17:1-7  
Colossians 1:15-23  
John 7:37-52

### **Friday**

Psalm 121  
Isaiah 45:14-19  
Colossians 1:24-2:7  
John 8:12-20

### **Saturday**

Psalm 138  
Jeremiah 23:1-8  
Colossians 2:8-23  
John 10:7-17

**\* Tuesday MCC Family Prayer** - Using the church directory, pray for those with the last name starting with **A - G**.

**\*\* Faith in Action** - Consider sharing one of your “BREAD” reflections with someone you regularly engage and cross paths with

**\*\*\*** Epiphany refers to the revealing of Jesus to the world, with January 6 traditionally marking the day the Magi reached Bethlehem to meet the Messiah. Also referred to as Three Kings Day, this day marks the beginning of a season dedicated to proclaiming God’s presence in the world

### **Weekly Reflection: (Consider gathering with others to do this!)**

Which passage of scripture most impacted you this past week? Why?

What do you sense the Holy Spirit saying to you through this passage?

What step(s) might you take to respond to this prompting of the Holy Spirit?

## **Jan 11-17**

### **Sunday**

Psalm 146  
Genesis 1:1-2:3  
Ephesians 1:3-14  
John 1:29-34

### **Monday**

Psalm 1  
Genesis 2:4-25  
Hebrews 1:1-14  
John 1:1-18

### **Tuesday\***

Psalm 5  
Genesis 3:1-24  
Hebrews 2:1-10  
John 1:19-28

### **Wednesday**

Psalm 119:1-24  
Genesis 4:1-16  
Hebrews 2:11-18  
John 1:35-42

### **Thursday**

Psalm 18:1-20  
Genesis 4:17-26  
Hebrews 3:1-11  
John 1:43-51

### **Friday**

Psalm 16  
Genesis 6:1-8  
Hebrews 3:12-19  
John 2:1-12

### **Saturday**

Psalm  
Genesis 6:9-22  
Hebrews 4:1-13  
John 2:13-22

**\* Tuesday MCC Family Prayer** - Using the church directory, pray for those with the last name starting with **H, I**

**\*\* Faith in Action** - Consider serving someone in need (you may already have) in a practical, tangible way this week!

## **Weekly Reflection: (Consider gathering with others to do this!)**

Which passage of scripture most impacted you this past week? Why?

What do you sense the Holy Spirit saying to you through this passage?

What step(s) might you take to respond to this prompting of the Holy Spirit?

## **Jan 18 – 24**

### **Sunday**

Psalm 148  
Genesis 7:1–23  
Ephesians 4:1–16  
Mark 3:7–19

### **Monday**

Psalm 25  
Genesis 8:6–22  
Hebrews 4:14–5:6  
John 2:23–3:15

### **Tuesday\***

Psalm 26  
Genesis 9:1–17  
Hebrews 5:7–14  
John 3:16–21

### **Wednesday**

Psalm 38  
Genesis 9:18–29  
Hebrews 6:1–12  
John 3:22–36

### **Thursday**

Psalm 37:1–18  
Genesis 11:1–9  
Hebrews 6:13–20  
John 4:1–15

### **Friday**

Psalm 31  
Genesis 11:27–12:8  
Hebrews 7:1–17  
John 4:16–26

### **Saturday**

Psalm 30  
Genesis 12:9–13:1  
Hebrews 7:18–28  
John 4:27–42

**\* Tuesday MCC Family Prayer** - Using the church directory, pray for those with the last name starting with **J, K**

**\*\* Faith in Action** - Consider stepping out in faith, and asking a stranger how you could pray for them. Pray for them right there in that moment, and then keep praying for them.

## **Weekly Reflection: (Consider gathering with others to do this!)**

Which passage of scripture most impacted you this past week? Why?

What do you sense the Holy Spirit saying to you through this passage?

What step(s) might you take to respond to this prompting of the Holy Spirit?

## Jan 25 – 31

### **Sunday**

Psalm 63  
Genesis 13:2–18  
Galatians 2:1–10  
Mark 7:31–37

### **Monday**

Psalm 41  
Genesis 14:1–24  
Hebrews 8:1–13  
John 4:43–54

### **Tuesday\***

Psalm 45  
Genesis 15:1–21  
Hebrews 9:1–14  
John 5:1–18

### **Wednesday**

Psalm 119:49–72  
Genesis 16:1–14  
Hebrews 9:15–28  
John 5:19–29

### **Thursday**

Psalm 50  
Genesis 16:15–17  
Hebrews 10:1–10  
John 5:30–48

### **Friday**

Psalm 40  
Genesis 17:15–27  
Hebrews 10:11–25  
John 6:1–15

### **Saturday**

Psalm 55  
Genesis 18:1–15  
Hebrews 10:26–39  
John 6:16–27

**\* Tuesday MCC Family Prayer** - Using the church directory, pray for those with the last name starting with **L - O**

**\*\* Faith in Action** - Consider sharing one of your “BREAD” reflections from this past week with someone you regularly engage and cross paths with.

## **Weekly Reflection: (Consider gathering with others to do this!)**

Which passage of scripture most impacted you this past week? Why?

What do you sense the Holy Spirit saying to you through this passage?

What step(s) might you take to respond to this prompting of the Holy Spirit?

## Feb 1 – 7

### **Sunday**

Psalm 24  
Genesis 18:16–33  
Galatians 5:13–25  
Mark 8:22–30

### **Monday**

Psalm 56  
Genesis 19:1-29  
Hebrews 11:1-12  
John 6:27-40

### **Tuesday\***

Psalm 61  
Genesis 21:1-21  
Hebrews 11:13-22  
John 6:41-51

### **Wednesday**

Psalm 72  
Genesis 22:1–18  
Hebrews 11:23–31  
John 6:52–59

### **Thursday**

Psalm 70  
Genesis 23:1-12  
Hebrews 11:32-12:2  
John 6:60-71

### **Friday**

Psalm 69  
Genesis 24:1-27  
Hebrews 12:3-11  
John 7:1-13

### **Saturday**

Psalm 75  
Genesis 24:28–51  
Hebrews 12:12–29  
John 7:14–36

**\* Tuesday MCC Family Prayer** - Using the church directory, pray for those with the last name starting with **P-S**

**\*\* Faith in Action** - Pray for boldness to share your faith with someone in your sphere of influence and then step out in faith and take the leading the Holy Spirit provides.

### **Weekly Reflection: (Consider gathering with others to do this!)**

Which passage of scripture most impacted you this past week? Why?

What do you sense the Holy Spirit saying to you through this passage?

What step(s) might you take to respond to this prompting of the Holy Spirit?

## Feb 8 – 14

### **Sunday**

Psalm 93  
Genesis 24:52–67  
2 Timothy 2:14–21  
Mark 10:13–22

### **Monday**

Psalm 80  
Genesis 25:19-34  
Hebrews 13:1-16  
John 7:37-52

### **Tuesday\***

Psalm 78:1-39  
Genesis 26:1-33  
Hebrews 13:17-25  
John 7:53-8:11

### **Wednesday**

Psalm 119:97–120  
Genesis 27:1–29  
Romans 12:1–8  
John 8:12–20

### **Thursday**

Psalm 83  
Genesis 27:30-45  
Romans 12:9-21  
John 8:21-32

### **Friday**

Psalm 88  
Gen. 27:46-28:22  
Romans 13:1-14  
John 8:33-47

### **Saturday**

Psalm 87  
Genesis 29:1–20  
Romans 14:1–23  
John 8:47–59

**\* Tuesday MCC Family Prayer** - Using the church directory, pray for those with the last name starting with **T - Z**

**\*\* Faith in Action** - Perhaps you might consider an act of hospitality this week. Invite a neighbor or someone from the MCC family over for a meal.

### **Weekly Reflection: (Consider gathering with others to do this!)**

Which passage of scripture most impacted you this past week? Why?

What do you sense the Holy Spirit saying to you through this passage?

What step(s) might you take to respond to this prompting of the Holy Spirit?