



Marietta Community Chapel

BREAD

2026

Table of Contents

Introduction.....	4
The Church Calendar.....	5
How to Use This Book	6
Daily Bible Reading Plan	9
Epiphany & the Season After	10
Lent, Easter & Pentecost	
Ordinary Time	
Advent & Christmas	

This daily prayer/scripture guide is modeled after “Bread 2026” which was created and published by Bridgetown Church.

Copyright © 2025 by Bridgetown Church. All rights reserved. www.bridgetown.church

(On the following page you will find the abbreviation “MMC”, this stands for **M**arietta, **M**aytown and **C**olumbia is intended to represent the community and region in which we are located, and in which we minister.

Why
In MMC as It Is in Heaven

How
Practicing the Way of Jesus,
Together, in MMC

What
Be With Jesus, Become Like
Jesus, Do What Jesus Did

Introduction

Scripture is essential to the way of Jesus....

While God speaks in many different ways, the Bible is our solid foundation. In a world full of deception and lies, scripture is a light to our path and a lamp to our feet (Psalm 119:105).

The story of the Bible is the story of Jesus, and culminates with the gospels that proclaim the in-breaking of the kingdom of God.

Scripture was an irreplaceable part of Jesus' life and ministry; he lived and taught as if they were authoritative. He consistently turned to them as integral part of how he interacted with the world.

When tempted, Jesus turned to the scriptures. When confronted by the Pharisees, he turned to the scriptures. When speaking of the end of the age, he referred to the prophecy of scripture. When asked about marriage, or fasting, he turned to the scriptures. By now, you get the idea!

As mentioned above, our goal as disciples of Jesus is to ***“be with HIM, become like HIM and do the things that HE did”***. To be like Jesus is to be scripture saturated and Spirit led.

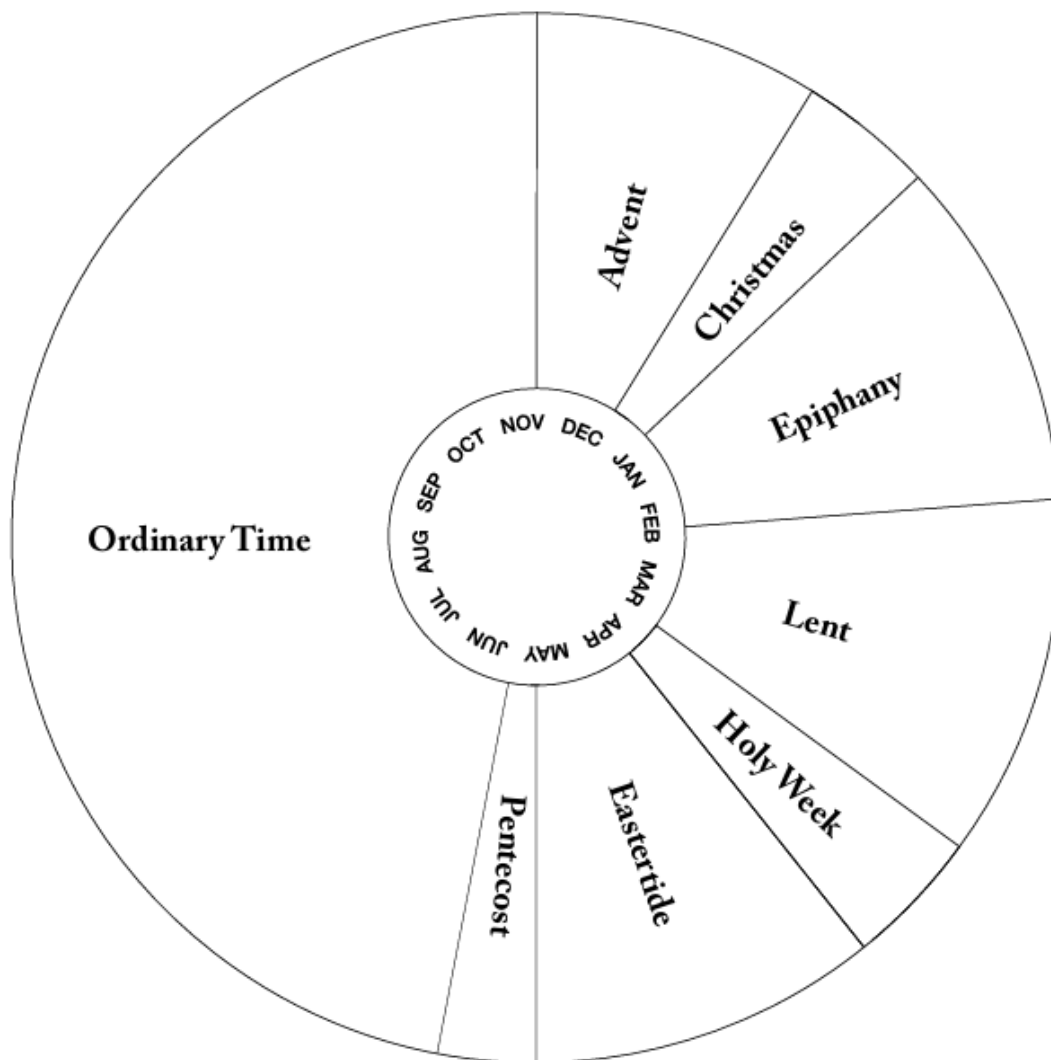
I would be delighted if we engaged in this together, as a *faith family*. We become of “one passion” by sharing in life together, and I believe, an integral part of that is reading and engaging scripture together.

What is the Holy Spirit saying to you?

How should we pray?

The Church Calendar

As the Western church, we live in the tension between two rhythms of time. Our cultural calendar—which gives order to our school and vacation schedules—ends in December shortly after Christmas. But the Christian church calendar tells a different story. Following the life of Jesus, the church calendar begins instead with the longing of Advent and the fulfillment of his birth. So, while BREAD moves to the cadence of the cultural year, we remember that when December whispers of endings, the story of Jesus reminds us we are only at the beginning.



"I am the bread of life. Your ancestors ate the manna in the wilderness, yet they died. But here is the bread that comes down from heaven, which anyone may eat and not die. I am the living bread that came down from heaven. Whoever eats this bread will live forever. This bread is my flesh, which I will give for the life of the world."

— Jesus, John 6:48–51

I. BREAD

Practice listening for God's voice in Scripture through lectio divina, expressed here through the acronym BREAD (see below). Lectio divina, or BREAD, is an ancient and time tested method of meeting with God in the pages of the Bible. Choose from one of the four readings (a shorter passage is best), and simply spend time allowing the Spirit to guide you through the following prompts:

Be still: Start by putting away your devices or any distractions and get into a comfortable but alert position. Take a moment to let the noise of your mind settle. Become present to your breath, and invite the Holy Spirit to guide your time.

Read: When you're ready, read through the Scripture for that day. After a minute or two, read the passage again slowly. As you read, notice what stands out to you in the passage and write it down.

Encounter: Meditate on what God highlighted to you in the passage by journaling through questions like: Where does this intersect with my current life and circumstances? What might God want me to know about himself, myself, or others? Is God revealing a lie or truth he wants me to notice and respond to? What else might God be saying to me?

Apply: Next, begin to name and write down how God might want you to carry what he's saying into your day. What truth do you need to hold onto today? How might God want to change you through this passage? Write down how you are going to apply this truth practically today.

Devote: Finally pray, maybe even write a prayer, committing yourself to what God has been revealing to you and how you want to be transformed by him and his truth. Take time to listen to what God is saying in response to your prayer. You might write out a prayer of lament or of gratitude.

II. Read All Four Passages

Simply read through all four of the daily Scripture passages as an exercise in immersing yourself in God's word. Engaging with Scripture as divinely inspired narrative helps us shape our imagination and worldview, reminding us that we too are part of God's ongoing story of redemption.

While BREAD and praying the Psalms are practices for depth, reading full passages of Scripture on an ongoing basis gives a breadth of knowledge of the story of God and his people that is equally integral and formative in our apprenticeship to Jesus. By spending time day in and day out in the Scriptures, we learn the character of God and learn to recognize the voice of our shepherd in our everyday lives.

III. Pray the Psalms

Within the book of Psalms, you'll find prayers and hymns expressing the full spectrum of human emotion: joy, depression, adoration, fury, desperation, delight, and more. The authors of the Psalms brought their full selves before God in prayer, offering us a template for how to pray with radical honesty: praising God, expressing our full selves and true feelings, seeking God's will to be done, and asking for what we want and need. Praying the day's Psalm can be as simple as reading the words aloud as if it were your own prayer, allowing the words and emotions to give shape and color to your interaction with God. In the same way singing other people's songs helps us find new words for what we are experiencing, praying other people's prayers can help us find new ways of expressing what is deepest in our hearts.

Praying the Psalms can also involve creativity—use it to craft a song or poem by rewriting Scripture in your own words, or create a piece of visual art. The point is simply to allow the Psalm to springboard you into deeper conversation with God. You can choose one mode of engaging with Scripture for a season, or switch it up day by day. Ultimately, our goal is to become people shaped by Biblical truth and living out the Biblical story.

Epiphany & The Season After

January 6 – February 17

January 6 marks the first day of the season of Epiphany—a season dedicated to proclaiming God’s presence in the world. Epiphany comes from a Latin word that refers to making seen something that was hidden. This season marks three revelations, or revealings, in church history: the gospel to the Gentiles (represented by the Magi’s journey to Jesus), Jesus as the Son of God at his baptism, and Jesus’ power at the wedding at Cana.

Interestingly, the season of Epiphany relates to the portion of Jesus’ life about which least is known: the time between the Magi’s visit and Jesus’ baptism. But what we do know is that “Jesus grew in wisdom and stature, and in favor with God and man” (Luke 2v52), and that the story of the Magi highlights God’s heart to bring all nations and peoples to himself, which is a beautiful narrative of inclusion that we are living out today.

Epiphany serves as an annual reminder of the revelations of God: he is good, and he is with us. We can participate in Epiphany by doing what Jesus did: studying holy scripture and committing to grow in wisdom. As we move through the year and live into our identity as God’s image bearers, “we are transformed into walking epiphanies, mini-manifestations of God shining forth in the dark world.” ¹

¹ Danielle Hitchen, Sacred Seasons

Jan 4 – 10

Sunday

Psalm 85
Joshua 3:14–4:7
Ephesians 5:1–20
John 9:1–12, 35–38

Monday

Psalm 2
Jonah 2:2-9
Ephesians 6:10-20
John 11:17-27, 38-44

Tuesday*

Psalm 46
Isaiah 49-17
Revelation 21:22-27
Matthew 2:1-12

Wednesday

Psalm 103
Deuteronomy 8:1-3
Colossians 1:1-14
John 6:30-33, 48-51

Thursday

Psalm 117
Exodus 17:1-7
Colossians 1:15-23
John 7:37-52

Friday

Psalm 121
Isaiah 45:14-19
Colossians 1:24-2:7
John 8:12-20

Saturday

Psalm 138
Jeremiah 23:1-8
Colossians 2:8-23
John 10:7-17

* **Tuesday MCC Family Prayer** - Using the church directory, pray for those with the last name starting with **A - G**.

** **Faith in Action** - Consider sharing one of your “BREAD” reflections with someone you regularly engage and cross paths with

*** Epiphany refers to the revealing of Jesus to the world, with January 6 traditionally marking the day the Magi reached Bethlehem to meet the Messiah. Also referred to as Three Kings Day, this day marks the beginning of a season dedicated to proclaiming God’s presence in the world

Weekly Reflection: (Consider gathering with others to do this!)

Which passage of scripture most impacted you this past week? Why?

What do you sense the Holy Spirit saying to you through this passage?

What step(s) might you take to respond to this prompting of the Holy Spirit?

Jan 11-17

Sunday

Psalm 146
Genesis 1:1–2:3
Ephesians 1:3–14
John 1:29–34

Monday

Psalm 1
Genesis 2:4-25
Hebrews 1:1-14
John 1:1-18

Tuesday*

Psalm 5
Genesis 3:1-24
Hebrews 2:1-10
John 1:19-28

Wednesday

Psalm 119:1-24
Genesis 4:1-16
Hebrews 2:11-18
John 1:35-42

Thursday

Psalm 18:1-20
Genesis 4:17-26
Hebrews 3:1-11
John 1:43-51

Friday

Psalm 16
Genesis 6:1-8
Hebrews 3:12-19
John 2:1-12

Saturday

Psalm
Genesis 6:9-22
Hebrews 4:1-13
John 2:13-22

*** Tuesday MCC Family Prayer** - Using the church directory, pray for those with the last name starting with **H, I**

**** Faith in Action** - Consider serving someone in need (you may already have) in a practical, tangible way this week!

Weekly Reflection: (Consider gathering with others to do this!)

Which passage of scripture most impacted you this past week? Why?

What do you sense the Holy Spirit saying to you through this passage?

What step(s) might you take to respond to this prompting of the Holy Spirit?

Jan 18 – 24

Sunday

Psalm 148
Genesis 7:1–23
Ephesians 4:1–16
Mark 3:7–19

Monday

Psalm 25
Genesis 8:6-22
Hebrews 4:14-5:6
John 2:23-3:15

Tuesday*

Psalm 26
Genesis 9:1-17
Hebrews 5:7-14
John 3:16-21

Wednesday

Psalm 38
Genesis 9:18–29
Hebrews 6:1–12
John 3:22–36

Thursday

Psalm 37:1-18
Genesis 11:1-9
Hebrews 6:13-20
John 4:1-15

Friday

Psalm 31
Genesis 11:27-12:8
Hebrews 7:1-17
John 4:16-26

Saturday

Psalm 30
Genesis 12:9–13:1
Hebrews 7:18–28
John 4:27–42

* **Tuesday MCC Family Prayer** - Using the church directory, pray for those with the last name starting with **J, K**

** **Faith in Action** - Consider stepping out in faith, and asking a stranger how you could pray for them. Pray for them right there in that moment, and then keep praying for them.

Weekly Reflection: (Consider gathering with others to do this!)

Which passage of scripture most impacted you this past week? Why?

What do you sense the Holy Spirit saying to you through this passage?

What step(s) might you take to respond to this prompting of the Holy Spirit?

Jan 25 – 31

Sunday

Psalm 63
Genesis 13:2–18
Galatians 2:1–10
Mark 7:31–37

Monday

Psalm 41
Genesis 14:1-24
Hebrews 8:1-13
John 4:43-54

Tuesday*

Psalm 45
Genesis 15:1-21
Hebrews 9:1-14
John 5:1-18

Wednesday

Psalm 119:49–72
Genesis 16:1–14
Hebrews 9:15–28
John 5:19–29

Thursday

Psalm 50
Genesis 16:15-17
Hebrews 10:1-10
John 5:30-48

Friday

Psalm 40
Genesis 17:15-27
Hebrews 10:11-25
John 6:1-15

Saturday

Psalm 55
Genesis 18:1–15
Hebrews 10:26–39
John 6:16–27

* **Tuesday MCC Family Prayer** - Using the church directory, pray for those with the last name starting with **L - O**

** **Faith in Action** - Consider sharing one of your “BREAD” reflections from this past week with someone you regularly engage and cross paths with.

Weekly Reflection: (Consider gathering with others to do this!)

Which passage of scripture most impacted you this past week? Why?

What do you sense the Holy Spirit saying to you through this passage?

What step(s) might you take to respond to this prompting of the Holy Spirit?

Feb 1 – 7

Sunday

Psalm 24
Genesis 18:16–33
Galatians 5:13–25
Mark 8:22–30

Monday

Psalm 56
Genesis 19:1-29
Hebrews 11:1-12
John 6:27-40

Tuesday*

Psalm 61
Genesis 21:1-21
Hebrews 11:13-22
John 6:41-51

Wednesday

Psalm 72
Genesis 22:1–18
Hebrews 11:23–31
John 6:52–59

Thursday

Psalm 70
Genesis 23:1-12
Hebrews 11:32-12:2
John 6:60-71

Friday

Psalm 69
Genesis 24:1-27
Hebrews 12:3-11
John 7:1-13

Saturday

Psalm 75
Genesis 24:28–51
Hebrews 12:12–29
John 7:14–36

*** Tuesday MCC Family Prayer** - Using the church directory, pray for those with the last name starting with **P-S**

**** Faith in Action** - Pray for boldness to share your faith with someone in your sphere of influence and then step out in faith and take the leading the Holy Spirit provides.

Weekly Reflection: (Consider gathering with others to do this!)

Which passage of scripture most impacted you this past week? Why?

What do you sense the Holy Spirit saying to you through this passage?

What step(s) might you take to respond to this prompting of the Holy Spirit?

Feb 8 – 14

Sunday

Psalm 93
Genesis 24:52–67
2 Timothy 2:14–21
Mark 10:13–22

Monday

Psalm 80
Genesis 25:19-34
Hebrews 13:1-16
John 7:37-52

Tuesday*

Psalm 78:1-39
Genesis 26:1-33
Hebrews 13:17-25
John 7:53-8:11

Wednesday

Psalm 119:97–120
Genesis 27:1–29
Romans 12:1–8
John 8:12–20

Thursday

Psalm 83
Genesis 27:30-45
Romans 12:9-21
John 8:21-32

Friday

Psalm 88
Gen. 27:46-28:22
Romans 13:1-14
John 8:33-47

Saturday

Psalm 87
Genesis 29:1–20
Romans 14:1–23
John 8:47–59

*** Tuesday MCC Family Prayer** - Using the church directory, pray for those with the last name starting with **T - Z**

**** Faith in Action** - Perhaps you might consider an act of hospitality this week. Invite a neighbor or someone from the MCC family over for a meal.

Weekly Reflection: (Consider gathering with others to do this!)

Which passage of scripture most impacted you this past week? Why?

What do you sense the Holy Spirit saying to you through this passage?

What step(s) might you take to respond to this prompting of the Holy Spirit?