

“Jesus - The One and Only”

February 9, 2025

Mark 1:1-15

10. Jesus calls us to *repent and believe* (verse 14-15).

Repent = *Metanoeo* means a change of mind, heart and/or direction. (See also Matthew 4:17, Acts 2:38)

Believe = *Pisteuo* (*pistis*) means to have faith, trust in and is more than just accepting doctrines but involves a **transformative trust that leads to a new way of living.**

Truth #10 - Jesus invites us into a relationship with Him!

Closing Thoughts/questions:

Jesus invites us not to follow a set of rules but to trust in Him as Savior and Lord. Do you have this type of personal relationship with Jesus?

As you understand the gospel, what is Jesus calling us to repent for?

The concept of repentance is not a popular message nowadays. How does your heart respond when hear the command “repent”?

What does 1 John 1:5-10 tell us about repentance and confession?

The good news is that through repentance and faith in Jesus we can experience fellowship with God. We can be restored to God. The emptiness in your life can be filled by this relationship with God as we were created to experience.

Introduction

How would you describe your “new beginning” with life in Jesus?

What did Jesus rescue you from?

In what area of life are you looking to Jesus for another “new beginning”?

Background on Mark:

The author is John Mark whom we first see in Acts 12. When an angel of the Lord frees Peter from prison, Peter goes to John Mark’s mother house.

The account was likely written during the later 50’s or early 60’s AD.

He was NOT an apostle, but a gospel worker alongside Paul and Barnabas, who was his cousin.

He gets much of his material for the writing of this gospel account from Peter, who mentions Mark in 1 Peter 5:13.

Mark’s Introduction:

Mark seemed to be focused on answering the question of Who Jesus is? Why is He unique among all other religious leaders?

Why is HE the only way to salvation?

Why is HE the one and only ultimate source of peace, joy and hope?

Why Jesus?

Mark gives us 10 truths about Jesus that sets him apart as the One and Only way to be reconciled to God.

The beginning of the gospel of Jesus Christ, the Son of God.

Mark 1:1

1. Circle the phrase “The beginning”

This phrase calls to mind Genesis 1:1 and John 1:1 - where we see the identical word *arche*, used.

This phrase helps us to see how history has been pointing towards Jesus... and we look back towards Him. *Jesus isn't just one of many, He truly is the one and only.*

Truth #1 - Jesus is the central figure of all human history.

2. Circle, or underline, “gospel”

Gospel means *good news* or glad tidings. (See Isaiah 52:7, 61:1)

In your own words, what is the good news that Jesus brings?

Truth #2 - Jesus alone brings the good news of God's salvation.

3. Circle, or underline, “Jesus”

Jesus is the Greek form of the Hebrew Yeshua or Joshua.

Jesus means “Yahweh saves” (See also Matthew 1:21)

Truth #3 - Jesus alone can save people from their sins.

4. Circle or underline, “Christ”

Christ means “anointed one” or Messiah

In the Old Testament, the Messiah would reign forever and bring freedom, hope, peace and joy. (see also 2 Samuel 7:11-16, Isaiah 9:1-7, Ezekiel 34:23-24)

Truth #4 - Jesus alone brings true freedom, peace hope and joy

5. Circle or underline “Son of God”

Son of God is a common title in Mark's account and often comes from the mouth of those possessed by demons (see 3:11, 5:7, 9:7, 12:6, 13:32).

This phrase also conveys the idea that Jesus is of the same nature as God (He is God).

Truth #5 - Jesus is fully God.

6. “It is written in Isaiah the Prophet” (verse 2):

Mark quotes 3 different prophetic references to the messenger who is preparing the way for the Messiah. (See Exodus 23:20, Isaiah 40:3, Malachi 3:10)

The prophecies, along with others, convey the idea of “new exodus”!

Truth #6 - Jesus is proof that God keeps His promises.

7. “He who is mightier than I” (verse 7-8):

Mark connects the beginning of this new work of God with John the Baptist who humbly points people to the Messiah.

Mightier speaks of physical power and would have caught the attention of those living in a Greco-Roman culture, where power was prized.

Truth #7 - Jesus, possesses and demonstrates the power of God.

8. “The Strap of who's sandals I am not worthy to untie” (verse 7)

While Jesus is fully God, the way John describes him helps us see that Jesus is also fully man.

Why is this important?

Truth #8 - Jesus is fully man.

9. Jesus conquers sin and eventually Satan (v12-13).

Jesus succeeds where Israel has failed.

What similarities do you see in the Jesus's testing and Israel's testing?

Truth #9 - Jesus conquers sin, and eventually, Satan.

